

Pre-Membership Questionnaire

What DON'T you want in your life anymore?

What have you been PUTTING OFF until another day?

What needs MORE attention?

What needs LESS attention?

How would you like to spend MORE time?

Where would you like to spend LESS time?

What is missing in WORK that should be there?

What is missing in LEISURE that should be there?

What is MOST IMPORTANT to you right now?

If you could do ANYTHING with no limits, what would it be?

What do you consider to be your role in the world you live in?

If there was a secret passion in your life, what would it be?

Is there something you are avoiding or running away from?

What motivates you?

How do you tend to sabotage yourself?

What is missing in your life? What would make life more fulfilling?

What does success mean for you?

If you could have anything in the world, what would it be?

What do you want the rest of your life to be about?

How specifically do you release stress?

How do you enjoy yourself?

What do you do to take care of yourself on a regular basis?

What do you think are your weak points in life?

What are your strong points?

When were you happiest in your life? What made it so?

When were you unhappiest in your life? What made it so?

Is there something you have given up on in your life?
